

Sexual Education for Adults with Disabilities



Tool 0

Introduction to Tool Kit





Preface

As in the past and in 2015, many people still refuse to recognize that people with mental disabilities have sexual feelings, needs and desires. This leads to the situation that disabled persons often do not receive sexual education. The results of this gap are that the disabled often have difficulties in understanding their own desires and needs and in the worst case, this could lead to sexual abuse.

The Grundvig project SEAD has developed a “tool kit” to use for sexual education for mentally disabled people, for those who have no access to information relating to sexuality.

The tool kit can be used by the target group itself and parents or persons who work with the target group.

Eight partners from seven European countries have gotten together, concentrated their knowledge and developed something new. The partners have been accompanied and supported by a board of experts from Germany, Finland, and the Netherlands.

The result is something to be proud of and can be used for a longer period in time by the target group.

Now one can find materials and methods that help explain these topics relating to sexual questions in an easy and understandable way, making them clear and visible.

There is for example, the “Word Bank” from the English partner that explains in a simple expression sexual terms. Different methods to make contact in new groups come from the Hungarian group and finally, as a last example, there are visual aids from the Dutch partner, which makes understanding easier.

All the methods and all die visual aids are not equally suitable for everyone. One has the choice to pick out the suitable material and methods, depending on the different environment and people. This is proof of the diversity and flexibility of the kit which leads long-term benefits for all involved.

Our partners: (in alphabetical order)

Belgium:	Autism Europe
Germany:	Bergische Volkshochschule and EUConcilia
England:	Change (Leeds)
Finland:	Luovi Vocational College
The Netherlands:	University Arnhem/Nijmegen
Lithuania:	Kaunas Centre for young disabled people
Hungary:	Gábor Molnár workshop foundation



The SEAD team would be very glad to find many users, a wide area of application, good results and insights for interested people. To be able to talk about sexuality, to understand sexuality is a human right.

With this tool, the SEAD team contributes to these goals.

Disclaimer

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